

Rules

Beach Water Polo Costa Brava

An adaptation of the **World Aquatics Rules (February 2026)** will be applied. Below are some important aspects highlighted:

- All teams will play with **5 players** (4 field players and one goalkeeper). All matches will be played with ball size 4 woman.
- The **2-meter and 5-meter zones** will be marked in red and yellow.
- The 5m area will be also used to call the penalty fouls.
- Substitutions are allowed in all moments using the exclusion area or the lateral (**flying substitutions**) properly.
- Matches will last **two parts of 10 minutes each**, without stopping the clock. A 2-minute break will be used to change sides.
- For matches that end in a tie and require a winner, they will be decided by a **3-penalty shootout**.
- Time-outs will not be allowed.
- There is no **possession** limit, although the referee will have the authority to call a change of possession if he considers that there is a deliberate waste of time by the team in offense.
- A **direct shot** from outside of 5 meters will be allowed.
- A shot is also allowed after being fouled outside the 5-meter area and putting the ball into play according to the rules.
- Direct shot after the **corner** is allowed, also after putting the ball into play. Players will be allowed to commit **unlimited exclusions**.
- **Re-entry** will take place immediately after visibly showing their head in the exclusion area.
- The **competition committee** will decide the ban for players penalized with exclusions with substitution and brutality fouls.
- After a goal is scored, the **restart is immediate from the goalkeeper** and does not require the referee's whistle. A direct shot is permitted.
- **The ball will only be considered out of the field if it goes beyond the inflatable boundaries**, both on the goal line and the laterals.