

BARCELONA, SPAIN

WATER POLO LIFE

ACADEMY PROGRAM



FULL-TIME IMMERSIVE TRAINING | SEMESTER & YEAR PROGRAMS



The BIWPA Academy offers a **life-changing opportunity** *mainly for high school student-athletes*, combining elite water polo training, academic support, and full cultural immersion to promote athletic excellence, personal growth, and a global perspective.

DOWNLOAD BROCHURE:



TRAIN LIKE A PRO

Learn directly from **Olympians and elite professionals**, sharpen every technical detail through **advanced Waterline analysis**, and follow a **personalized performance pathway** built around your goals.



Vince Vigvári, World Champion

MASTERCLASSES

Monthly sessions with Europe's top professional players.



WATERLINE ANALYSIS

Structured video breakdown to refine technique and positioning.



INDIVIDUAL PERFORMANCE

Personalized monitoring and continuous development follow-up.

2014 - 2026 | 12+ YEARS OF EXCELLENCE IN WATER POLO

@BIWPA @BIWPACADEMY

THE ACADEMY



We are the world's first water polo academy offering a **high-performance training program**. Led by experienced professionals, this program is designed for student-athletes aspiring to reach their highest potential and **play at the collegiate level**.

Our **training methodology** was created by Spanish Olympic and current professional coaches with a meticulous focus on movement (technique) coupled with application to decision-making and real game situations (tactics).



INTEGRATED TRAINING

A **unique methodology** designed to recreate competition-like situations during training sessions to prepare players for the real game.



EXPERIENCED COACHES

What makes us really unique: all our programs are led by **qualified coaches** with exceptional credentials and knowledge of the game.



CLUB TEAM COMPETITION

Take advantage of one of the **world's best age groups competition systems**, with a chance to play every weekend for a 9-month season.



PRO GAMES LIVE

An opportunity to **watch some of the top teams** in the world playing in Barcelona such as CNAB, CN Sabadell, Olympiakos, or FTC-Telekom.



GOALIE SPECIFIC TRAINING

Led by one of our coaches in every morning practice, our goalkeepers combine **specific goalie drills** with integration into collective situations.



THE "INVISIBLE TRAINING"

The program is **enhanced by comprehensive support**, including anthropometry, physical monitoring, nutrition plans, and mental coaching.

WHO? HIGH SCHOOL ATHLETES (GRADES 9 TO 12)

WHEN? FALL (SEP-DEC) / SPRING (JAN-JUN) / ANNUAL (SEP-JUN)

WHAT? 8 WP & 3 GYM SESSIONS + [AT LEAST] 1 COMPETITIVE GAME PER WEEK

COACHING STAFF



QUIM COLET: SPORTS DIRECTOR

Considered one of the premier coaches globally, Colet has nearly **40 years of professional coaching experience**.

Currently, he is the **Head Coach of CN Sabadell men's water polo team**, one of Europe's most renowned clubs. Under his leadership, the team achieved victory in the **LEN Euro Cup (2022)** and the **Spanish Super Cup (2020)**.

He has also been part of the Spain Men's Senior team's coaching staff in **2 Olympic Games**.



YURI COLET
Head Coach



GABOR EGEDI
Coach



BIA CAVALEIRO
Coach



CHARLY GARCÍA
Coach & Video Analysis



MATT SCHAFFEL
Goalie Coach

KEY LOCATIONS

WATER POLO



BLUME & L'HOSPITALET

Our athletes train weekly at the **Blume and L'Hospitalet** facilities, high-performance environments where commitment, growth, and passion for water polo come together.



ACADEMICS



AESA PREP ACADEMY Cognia Accredited

An **American-accredited private school** offering a customized schedule for student-athletes, with reduced class sizes, situated in one of Barcelona's most privileged neighborhoods.



HOUSING



YUGO ALEU

All our international athletes live together in individual rooms in this **student residence**, located in a central and safe area, with 24/7 supervision by a BIWPA tutor.



GET RECRUITED

An international experience that will elevate your skills and **capture the attention of college head coaches**. These are some of the schools where our former student-athletes are now playing:

BERNARDO
HERZER



LAUREN
HETT



GAVIN
WEST



EMMA
GUSTAFSSON



LUKE
NELSON



SOPHIE
WANG



DUNARA
SENADHERERA



ASHWYN
KESHVARA



ORLANDO
MINA



FINLEY
GRAFF

SHORT PROGRAMS

For a shorter but equally demanding program, the **Academy short programs (Summer & Winter Academy)** are a high-intensity and immersive training programs for athletes ready for elite daily training in a fully international environment. Co-ed ages 14 to 20.

SUMMER ACADEMY



WINTER ACADEMY



2 SESSIONS
CN Sabadell,
Barcelona
[Jun: 3 Weeks]
[Aug: 2 Weeks]



1 SESSION
CN Sabadell,
Barcelona
[January, 3
Weeks]

AUSTRALIAN STUDENT-ATHLETES



SOFIA TAYLOR (2010)

High School Program



"My time at BIWPA has improved my game so much. The environment of the **high level water polo in Spain** forces you to go 100% every day. I have had so much help from the **coaches and feedback during masterclasses**.

The high standards of water polo in Barcelona give amazing competition and game experience. I love how our days are **athlete-focused** and are based around making you a better at player. Everyone at BIWPA is so friendly and welcoming. This experience has changed me into a different player and has helped me grow so much."

ORLANDO MINA (2007)

High School Program



"Playing for Barcelona Waterpolo Club and CNAB's 18u team has exposed me to some of the **best competition in Europe**.

The Academy's elite training and the **city's deeper culture** have helped me grow as a player in ways I never imagined.

Having top athletes like **Alvaro Granados** visit for masterclasses has been incredible: they share insights that you can't get anywhere else!"



JAMES WILLIAM MARTIN (2007)

Gap Year

UQ WATER POLO CLUB

"Being part of the BIWPA Academy has transformed my development as both an athlete and a person. The coaching staff push me to improve every day while creating a **supportive and professional environment**.

Competing internationally and training alongside top players for example **Vince Vigvári** has elevated my game to next level."

JAKE TUCKER (2009)

High School Program



"At **AESA Prep**, my **academic schedule** is built around training, allowing me to focus on both school and water polo.

Competing in Barcelona's top age-group league and training in a professional environment has been an incredible experience. The attention to detail in training has helped me improve in ways I never expected!"



OTHER PROGRAMS

GAP YEAR: Get ready for college!

Enhance your skills, learn Spanish, experience top-level water polo training, and enjoy Barcelona.

HIGHER STUDIES: Bachelor in Spain

Pursue your degree while training like a pro in Barcelona, one of the best student cities.