

TEAM TRAINING TRIPS

A tailor-made experience

Water polo in Barcelona, Spain



ABOUT US

Learn more about BIWPA and the service



ABOUT BIWPA

We're an international water polo academy based in Barcelona, Spain, that combines high-performance water polo and academic studies for athletes from different parts of the world.

Additionally, BIWPA offers team training trips, events and tournaments, water polo camps and courses for coaches.



THE SERVICE

We offer teams from all over the world a chance to take part in a water polo training trip in Barcelona at any period of the year. The best choice for teams looking for high-quality training before facing an important championship or to enjoy a full water polo and cultural experience abroad.



FACTS & FIGURES

In six years, we have hosted teams from all over the world in Barcelona. College and club teams from the US, national teams, European clubs, high schools and more!

+1,500

Athletes

18

Countries

80

Clubs / Teams

WHY BARCELONA?

One of the world capitals of water polo



DIFFERENT LEVELS

Barcelona is one of the best cities in the world to practice and watch water polo. There are more than 20 club teams just in the city and surroundings, both men's and women's teams, with different levels and age groups.



INTERNATIONAL WATER POLO

The Spain men's and women's national water polo teams are two of the strongest in the world. The women's team are one of the most successful women's water polo teams in the last decade, while the men's team were silver medalists in the 2018 and 2020 Europeans, and the 2022 World Champs.

Besides, Barcelona is the home of some of the top club teams in Europe such as CN Atlètic-Barceloneta, CN Barcelona or CN Sabadell.



SPORTS PROGRAM

A personalized training schedule



OUR WORK

Live an unforgettable water polo experience in Barcelona. We have a team of experienced, proactive and passionate experts ready to offer a fully personalized water polo program:

We listen to your goals and objectives to come up with the best **training schedule**.

We find and book the best **facilities** depending on the location and needs.

We contact **local club teams** to organize friendly games depending on age, gender and level.

We offer **assistance** during all your stay, ready for any last-minute change.

We provide all the necessary **equipment** for training and games: balls, goals, caps, referees...

Take advantage of **masterclasses** with our coaching staff or benefit from a private session with the **Waticam**.

The sports program is designed with the supervision and approval of our Sports Director **Quim Colet**.



Head Coach CN Sabadell,
2x Olympian

FACILITIES

The best in the city



TRAINING FACILITIES

Depending on your daily schedule, we have selected the best swimming pools in Barcelona and surrounding area both to train on your own and play games with local club teams.

Here are some of the pools that we work with:

Piscina Municipal de Montjuïc

[Location >>](#)

Club Natació Sabadell

[Location >>](#)

Club Natació Barcelona

[Location >>](#)

CAR Sant Cugat

[Location >>](#)

Club Natació Sabadell



Piscina Municipal de Montjuïc



Club Natació Barcelona



ACCOMMODATION

Affordable and comfy options



HOTELS AND HOSTELS

We propose the best accommodation for your team according to your budget, location of the pool and preferences!

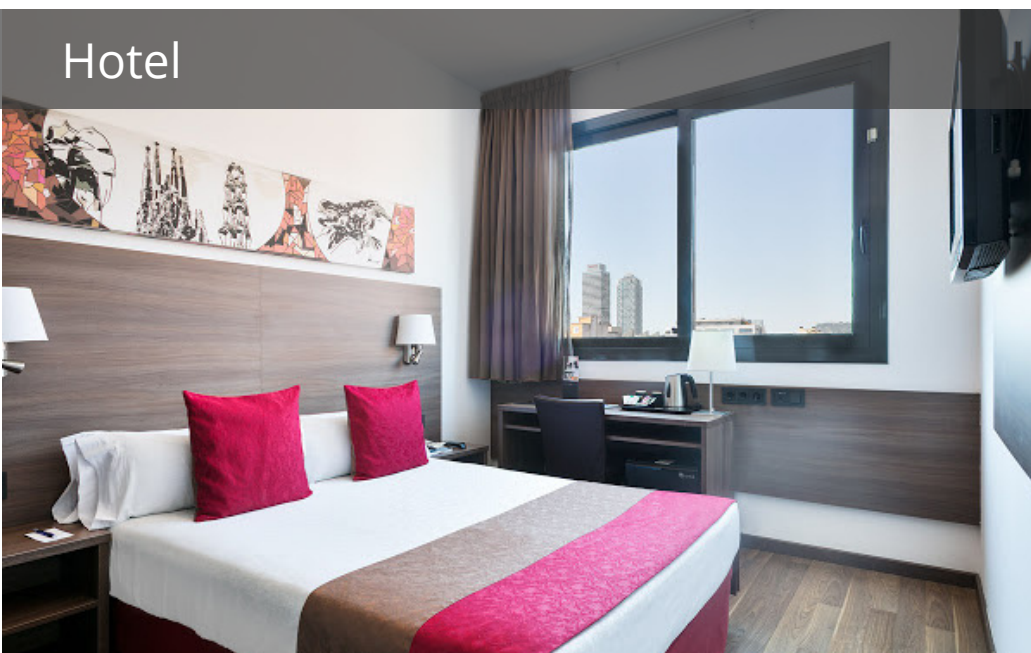
Listen to our recommendations and book on your own, or let us take care of everything.

TWO OPTIONS:
(the price will be similar)

Listen to our recommendations, book the accommodation on your own and coordinate everything directly with them.

We take care of the accommodation and include the price on the final budget for the whole trip. **The most convenient option!**

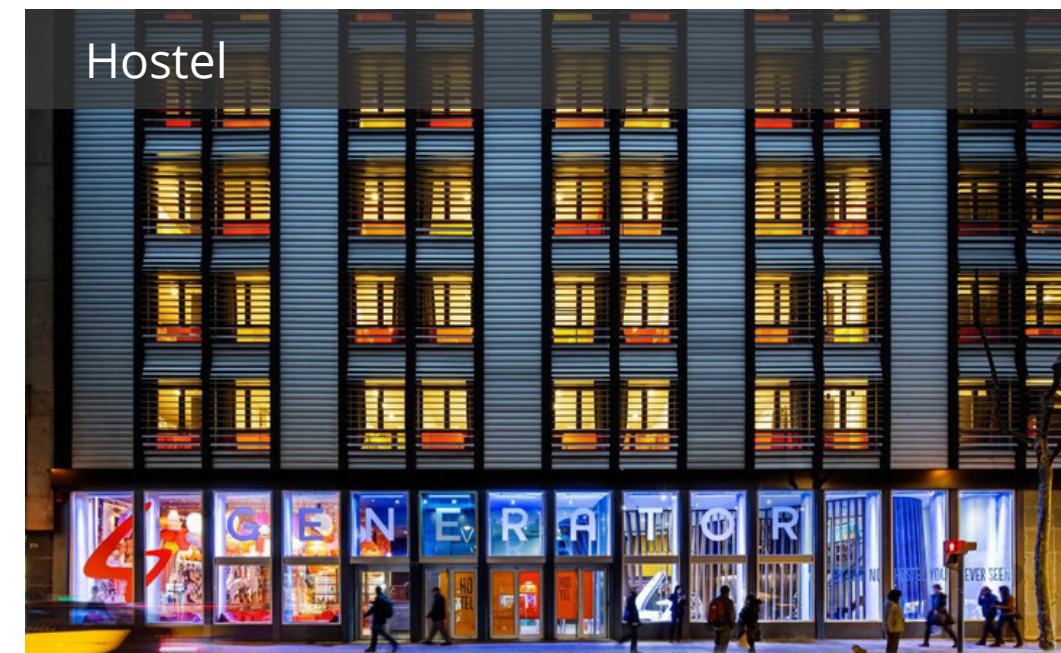
Hotel



We have connections with the best hotels and hostels in the city.

Are you looking for a 3-star or 4-star hotel? Or perhaps a more budget-friendly option such as a youth hostel? Let us know so we can help you!

Hostel



TOURISM

Culture, food, beach... Barcelona has it all!



A WIDE RANGE OF OPTIONS



Culture and sights

Great artists like Picasso, Dali, Miro. Great Modernist architects like Gaudi. Barcelona will surprise you! Visit the Gothic quarter, the Sagrada Familia, the Park Güell or plan an excursion to the Montserrat Sanctuary.



Gastronomy

Barcelona is a gastronomic paradise, where Catalan cuisine is a mouthwatering blend of heritage, produce, terroir, tradition, creativity, innovation... **We can reserve for you the best restaurants with the best prices!**



Beach

The city's coastline stretches for 4.5km and offers the tourists a wide variety of excellent beaches. The most popular beaches among the visitors include Barceloneta, Mar Bella, Nova Icaria and Bogatell.



Other activities

Take the FC Barcelona stadium and museum tour or enjoy other activities such as an escape room, laser tag, paintball or stand up paddle. If you love adrenaline, take a break and spend a day at PortAventura Park!

A TYPICAL DAY

Make the most of your trip



7:30 am Breakfast

9 am Practice (alone)

11pm Tourism / free time

1 pm Lunch at a local restaurant

3 pm Tourism / free time

7-8 pm Practice (scrimmage)

9.30 pm Dinner at a local restaurant



BUILD YOUR TRIP

A tailor-made experience



SPORTS SERVICES

Our end goal will always be to offer the best water polo program.

Training sessions

Coordination of all practices and friendly games with local club teams and personalized assistance during your stay. Typical schedule:

- Morning: 2-hour morning training alone.
- Evening: scrimmage game with local club team.

Also included:

- Airport transfer
- Welcome pack with commemorative T-shirts
- Touristic advice

OTHER SERVICES

Let us know what other services you would like us to coordinate so we can include them in the final budget.

Lodging

- Accommodation
- Meals (restaurants)

BIWPA coach / masterclass

Watlicam session

[See example >>](#)

Tourism coordination

- Ticket booking
- Tourist guide

Transport

- Private transport
- Public transport ticket booking

NOT INCLUDED

These are some aspects that we never include in the final budget.

Flight ticket
Medical insurance

@biwpa



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